



MAY 24, 2017

Let me Introduce you to Sublime Home Healthcare a Home Services for New Mums

PARENTING



Sublime Home Healthcare offer help to new parents looking for care and advice postpartum.

Established in 2012 by Dr. Yasmine Torkamani, Sublime Home Healthcare (SHHC) believes there really is no place like home when looking for professional medical and post-operative care.

I reached out to their team as living in Dubai and being far away from my family and close friends I unfortunately know very little about raising a baby so the guidance and reassurance of a qualified nurse, coming to my home is something I greatly appreciate. When we get back home, we have booked a nurse to visit us 3 times a week for 6 hours a day I cant tell you on how invaluable this will be for me – just to get the advise from a trained nurse will be so reassuring.

Licensed by Dubai Health Authority, Sublime Home Healthcare provides specialist medical care and support 24 hours, 7 days a week to people in their own homes, by its team of registered, experienced and fully-qualified nurses. Prior to joining the SHHC team all nurses must be registered and have a minimum of 2 to 5 years hospital experience. Following the interview process and a one month training period, each appointed nurse will then shadow a senior nurse for on-the-job training before working individually with a patient in the home.

Sublime Home Healthcare also provide a range of general medical services which support hospital or post-operative treatments including physiotherapy, injection management and pain management all from within the home. So whether you have broken a limb, require care for a disabled relative or are planning a vacation and need holiday care, there is no need to prolong your stay in hospital beyond what is truly necessary.

For more information contact Sublime Home Healthcare Centre on +971 4 3470504, or visit www.sublimehomecare.com

Follow my journey of mother hood [here](#)